

APPETIZERS

Crispy Flatbread 8.5

*garlic and onion confit, prosciutto, baby spinach,
asiago, parmesan*

Vegetable Tempura 8.5

*asparagus, mushrooms, carrots, zucchini, bell peppers,
asian dressing V*

Seared Salmon Cakes 9

napa slaw, broken pistachio soy dressing P

Chicken Wings 10.5

*plain, buffalo, bbq, or asian sweet chili glaze
ranch or blue cheese dressing*

Crab Dip 11.5

*lump crab, spicy béchamel sauce, white corn tortilla chips,
pita chips P*

Vegetable Pot Stickers 11.5

*vegetable-stuffed wonton dumplings, sesame ginger sauce, red
pepper jelly V*

SIDE SALADS

Mixed Green Salad 4

*grape tomatoes, english cucumbers, carrots, red onions,
choice of dressing VG, GF*

Caesar Salad* 4.5

romaine, caesar dressing, croutons, parmesan

ENTRÉE SALADS

The Forty-Six 9

*mixed greens, grape tomatoes, english cucumbers, carrots, dried
cranberries, red onion, walnuts, chia seeds, choice of dressing
VG, GF*

Spinach & Apple 10

*baby spinach, romaine, turkey bacon, blue cheese crumbles, green
apple, turkish apricots, sunflower seeds, cashew dijon vinaigrette*

Fig & Pistachio 10

*mixed greens, black mission figs, goat cheese, toasted pistachios,
oranges, champagne vanilla vinaigrette V, GF*

Caesar Salad* 10

romaine, caesar dressing, croutons, parmesan P

Pecan & Pear Salad 10

*romaine, slivered pears, bourbon candied pecans, crumbled feta,
maple cider vinaigrette V*

Southwestern Chicken Salad 10.5

*grilled or fried chicken strips
mixed greens, black bean salsa, diced tomato, cheddar cheese,
tortilla strips, honey lime vinaigrette*

ADD PROTEIN TO AN ENTRÉE SALAD

5 oz. Grilled Chicken Breast 3 / Salmon Cake 4.5 / 6 oz. Seared Salmon 8 / Sautéed Jumbo Shrimp 6

DRESSINGS

Ranch / Blue Cheese / Golden Italian / Red Pepper Vinaigrette

V - Vegetarian / VG - Vegan / P - Pescatarian / GF - Gluten Free

If you require any dietary accommodations, please inform your server before ordering.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

** Contains or may contain undercooked meats, poultry, seafood, shellfish or eggs.*

A gratuity of 20 percent may be added to parties of six or more.

FORTY-SIX is the first restaurant to open at the North Carolina Research Campus, taking its name from the number of chromosomes in the human genome. The theme of Forty-Six gets to the heart of why the NCRC exists today as a world-class facility for food research and related projects. Forty-Six and our partners envision the growth of a culture of healthful food, not only for the employees of the NCRC, but for the people of Kannapolis and the surrounding areas. Thank you for visiting us! We look forward to making your meal a wonderful experience.

SEAFOOD

Fresh Catch* Market Price

Please ask your server for tonight's preparation.

Fish 'n Chips 18

north pacific cod, craft beer batter, french fries, remoulade, malt vinegar

Flounder Francese 21

nc winter flounder, lemon, capers, chablis, parsley, brown rice pilaf, spinach

Salmon 23

lobster mashed potatoes, asparagus tips P, GF

Shrimp & Scallop Risotto 24

parmesan, mushrooms, diced tomatoes, spinach P, GF

POULTRY

Buttermilk Fried Chicken 14

mashed potatoes, baby green beans, white peppercorn gravy

Chicken & Gnocchi Carbonara 18

seared boneless breast of chicken, onions, garlic, applewood bacon, baby spinach

Chicken Parmesan 16

marinara, provolone, parmesan, angel hair pasta

MEAT

Forty-Six Meatloaf 16

beef, turkey, herbs, potato-vegetable hash, red wine demi-glace

Cider-Braised Pork Roast 21

baked sweet potato, green beans GF

Boneless Beef Short Ribs 20

mashed potatoes, collard greens, red wine demi-glace GF

Ribeye 28

10 oz. certified angus beef, caramelized onions, mushrooms, mashed potatoes, broccoli GF

Filet Mignon 35

8 oz. tenderloin filet

Please ask your server for tonight's preparation.

VEGETARIAN

Vegetable Curry 13

mixed vegetables, cauliflower, peas, sweet potatoes, madras curry sauce, cashews, naan VG

Penne Pesto 15

roma tomatoes, garlic, basil, white wine, spinach, artichoke hearts, kalamata olives, gluten-free penne, asiago, basil pesto V, GF

Stuffed Peppers 15

bell pepper, rice, black beans, pepperjack, avocado ranch, grilled scallions V, GF

Vegetable Stir Fry 13

mixed vegetables, housemade stir-fry sauce, brown rice pilaf VG

Please allow us to host your next meeting, reception, or special event. Ask about our banquets and catering.

Find us on the web at <http://restaurantfortysix.com> or follow us on Facebook and Instagram.