



FORTY-SIX is the first restaurant to open at the North Carolina Research Campus. The unique name comes from the number of chromosomes in the human genome. The theme of Forty-Six gets to the heart of why the NCRC exists today as a world-class facility for food research and related projects. Forty-Six and our partners envision the growth of a culture of healthful food, not only for the employees of the NCRC, but for the people of Kannapolis and the surrounding areas.

Thank you for visiting us! We look forward to making your meal a wonderful experience.



Find us on the web at  
<http://restaurantfortysix.com>  
or follow us on Facebook and Instagram.

Phone: (704) 250-4646

A 20% gratuity may be added to parties of eight or more.

*Please allow us to host your next meeting, reception, or special event. Ask about our banquets and catering.*

## SOUPS

Forty-Six Chili  
*sweet & smoky dark red chili with  
ground turkey, turkey bacon and kidney beans*  
cup 4 bowl 5.75

Chef's Soup of the Day  
*fresh creations daily*  
cup 3.5 bowl 5.25

## SALADS

The Forty-Six 6.5  
*mixed greens, grape tomatoes, english cucumbers, carrots, dried  
cranberries, red onions, walnuts, chia seeds, choice of dressing*  
VG, GF

BLT Salad 7.5  
*romaine, chopped applewood bacon, diced tomatoes, white cheddar,  
choice of dressing* GF

Fig & Pistachio 8.25  
*mixed greens, figs, goat cheese, toasted pistachios, mandarin  
oranges, champagne-vanilla vinaigrette* V, GF

Spinach & Apple Salad 8.25  
*baby spinach, romaine, chopped turkey bacon, blue cheese  
crumbles, green apple, turkish apricots, sunflower seeds, cashew  
dijon vinaigrette* GF

Pecan & Pear Salad 8.75  
*romaine, slivered pears, bourbon candied pecans, feta, maple cider  
vinaigrette* V, GF

Southwestern Chicken Salad 10.5  
grilled or fried chicken strips  
*mixed greens, black bean salsa, diced tomato, cheddar cheese,  
tortilla strips, honey lime vinaigrette*

### SALAD ADDITIONS

plain or seasoned  
Lemon Pepper / Pesto / Hoisin / Blackened

Seared Chicken 3 / Crispy Chicken 3.5  
Broiled Salmon 3.5 / Sautéed Shrimp 4

### DRESSINGS

Ranch / Blue Cheese / Golden Italian / Red Pepper Vinaigrette  
Extra Dressing .50

V - Vegetarian / VG - Vegan / P - Pescatarian / GF - Gluten Free

If you require any dietary accommodations, please inform your server before ordering.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*

Half-size Red Plate available for \$6 where indicated

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## ENTREES

Penne Pesto 8.5 / 6

*roma tomatoes, garlic, basil, white wine, spinach, artichoke hearts,  
kalamata olives, gluten-free penne, asiago, basil pesto V, GF*

Vegetable Stir Fry 8.5 / 6

*mixed vegetables, housemade stir-fry sauce, brown rice pilaf VG*

Vegetable Curry 8.5 / 6

*mixed vegetables, cauliflower, peas, sweet potatoes, madras curry  
sauce, cashews, naan VG*

Forty-Six Meatloaf 9.75 / 6

*beef, turkey, herbs. potato-vegetable hash, red wine demi-glace*

## BURGERS & MORE

Grill-pressed 7 oz. Beef Burgers  
Make it a Turkey Burger for just \$1 more

Tried & True 8.50

*lettuce, tomato, cheddar, pickle spears*

Mushroom & Swiss 10

*mushrooms, swiss cheese*

Thai Burger 10

*cilantro, onions, bell peppers, napa slaw, sriracha mayo*

Bacon & Blue 10.5

*blue cheese, applewood smoked bacon*

BBQ Burger 10.5

*grilled onions, cheddar, turkey bacon, lettuce, tomato,  
apple butter bbq sauce*

Southwestern Burger 11

*sautéed onions, peppers, jalapenos, pepperjack cheese, guacamole,  
lettuce, tomato*

Greek Burger 11

*lettuce, tomato, house-marinated cucumber slices, feta cheese,  
dilled yogurt sauce*

Turkey Kielbasa 9.50

*smoked turkey sausage, pretzel bun, sautéed peppers, onions*

## SANDWICHES

All Sandwiches are served with one side item.

Southern Chicken Salad 7.5 / 6

*chicken, walnuts, apples, celery, wheatberry bread, lettuce, tomato*

Egg Salad Sandwich 7.5 / 6

*toasted marble rye, lettuce, olive tapenade V*

Chicken Caesar Pesto Wrap\* 7.75

*chicken, pesto, romaine, caesar dressing\*, asiago cheese, sundried  
tomato tortilla wrap*

Forty-Six Club Sandwich 8.25 / 6

*turkey, smoked turkey bacon, white cheddar, lettuce, tomato,  
avocado, roasted garlic aioli, wheat toast*

Turkey Reuben 8.25 / 6

*grilled marble rye, turkey, thousand island dressing, sauerkraut,  
swiss cheese*

Chicken Sandwich 8.5

*choice of grilled or buttermilk fried breast of chicken  
lettuce, tomato, roasted garlic aioli, cornmeal kaiser roll*

Forty-Six Meatloaf Sandwich 9

*seared meatloaf, smoked gouda, apple butter bbq sauce, grilled  
sourdough*

Salmon BLT 9.25

*avocado, mixed greens, tomato, smoked salmon "bacon," tarragon  
caper mayo, sweet bun P*

## SIDE ITEMS

Carrot Beet Salad VG, GF / Pasta Salad VG

German Potato Salad GF / French Fries V

Sweet Potato Fries (add \$1) V

Fresh Fruit Cup (add \$1) VG, GF

Cup of Soup (add \$2)

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