



FORTY-SIX is the first restaurant to open at the North Carolina Research Campus. The unique name comes from the number of chromosomes in the human genome. The theme of Forty-Six gets to the heart of why the NCRC exists today as a world-class facility for food research and related projects. Forty-Six and our partners envision the growth of a culture of healthful food, not only for the employees of the NCRC, but for the people of Kannapolis and the surrounding areas.

Thank you for visiting us! We look forward to making your meal a wonderful experience.



Find us on the web at
<http://restaurantfortysix.com>
 or follow us on Facebook and Instagram.

Phone: (704) 250-4646

A 20% gratuity may be added to parties of eight or more.

Please allow us to host your next meeting, reception, or special event. Ask about our banquets and catering.

SOUPS

Forty-Six Chili
*sweet & smoky dark red chili with
 ground turkey, turkey bacon and kidney beans*
 cup 4 bowl 5.75

Chef's Soup of the Day
fresh creations daily
 cup 3.5 bowl 5.25

SALADS

The Forty-Six 6.5
*mixed greens, grape tomatoes, english cucumbers, carrots, dried
 cranberries, red onions, walnuts, chia seeds, choice of dressing*
 VG, GF

BLT Salad 8.5
*romaine, chopped applewood bacon, diced tomatoes, white
 cheddar, choice of dressing* GF

Fig & Pistachio 8.5
*mixed greens, figs, goat cheese, toasted pistachios, mandarin
 oranges, champagne-vanilla vinaigrette* V, GF

Forty-Six Caesar* 8.5
romaine, garlic herbed croutons, caesar dressing, parmesan GF

Pecan & Pear Salad 9
*romaine, slivered pears, bourbon candied pecans, feta, maple
 cider vinaigrette* V, GF

Southwestern Chicken Salad 10.5
 grilled or fried chicken breast
*mixed greens, black bean salsa, diced tomato, cheddar cheese,
 tortilla strips, honey lime vinaigrette*

Seafood Salad Plate 10.5
lettuce, tomatoes, avocado, naan, choice of dressing P



SALAD ADDITIONS

plain or seasoned
Lemon Pepper / Pesto / Hoisin / Blackened

Searched Chicken	3.5
Crispy Chicken	3.5
6 oz. Searched Salmon	6.0
Sautéed Shrimp	4.5

DRESSINGS

Ranch / Blue Cheese / Golden Italian
 Balsamic / Red Pepper Vinaigrette

Extra Dressing .50

V – Vegetarian / VG – Vegan / P – Pescatarian / GF – Gluten Free

If you require any dietary accommodations, please inform your server before ordering.

**May contain raw or undercooked ingredients.*

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

LUNCH ENTREES

Penne Prima Vera 10

mixed vegetables, gluten-free penne pasta, parmesan-white wine cream sauce V, GF

Vegetable Stir Fry 9

mixed vegetables, housemade stir-fry sauce, brown rice pilaf VG

Forty-Six Meatloaf 10

beef, turkey, herbs. potato-vegetable hash, red wine demi-glace

Seared Salmon 10.5

6 oz. salmon, brown rice pilaf, spinach, lime vinaigrette P

BURGERS

grill-pressed 7 oz. beef burgers
all burgers are served with lettuce, tomato,
sweet bun, and one side item

Tried & True 8.50

lettuce, tomato, cheddar, pickle spears

Mushroom & Swiss 10

mushrooms, swiss cheese

Bacon & Blue 10.5

blue cheese, applewood smoked bacon

SUB SANDWICHES

served on white or multigrain roll

six-inch sandwich only 3.5 / with side 6
footlong sandwich only 6.5 / with side 8.5

Smoked Ham

lettuce, tomato, bermuda onion, banana pepper, swiss cheese, mustard, light mayo

Oven Roasted Turkey

lettuce, tomato, bermuda onion, banana pepper, provolone cheese, mustard, light mayo

Veggie

lettuce, tomato, sweet pepper, onion, shredded carrot, cucumber, banana pepper, avocado, italian dressing



SIGNATURE SANDWICHES

all sandwiches are served with one side item

Southern Chicken Salad 7.5

chicken, walnuts, apples, celery, wheatberry bread, lettuce, tomato

Chicken Caesar Pesto Wrap* 8

chicken, pesto, romaine, caesar dressing, asiago cheese, sundried tomato tortilla wrap*

Forty-Six Club Sandwich 9

turkey, smoked turkey bacon, white cheddar, lettuce, tomato, avocado, roasted garlic aioli, wheat toast

Chicken Sandwich 8.5

choice of grilled or fried breast of chicken
lettuce, tomato, roasted garlic aioli, sweet bun

Salmon BLT 9.5

avocado, mixed greens, tomato, smoked salmon "bacon," tarragon caper mayo, sweet bun P



Gluten-Free Bun available for sandwiches and burgers \$1

SIDE ITEMS

Asian Broccoli and Kale Slaw VG, GF

Carrot Salad GF

Pasta Salad VG

French Fries V

Sweet Potato Fries (add \$1) V

Fresh Fruit Cup (add \$1) VG, GF

Cup of Soup (add \$2)

V – Vegetarian / VG – Vegan / P – Pescatarian / GF – Gluten Free

If you require any dietary accommodations, please inform your server before ordering.

**May contain raw or undercooked ingredients.*

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.