

Forty-Six

salads

The Forty-Six 6.5

mixed greens, grape tomatoes, english cucumbers, carrots, dried cranberries, red onions, walnuts, chia seeds, choice of dressing VG, GF

BLT Salad 8.5

romaine, chopped applewood bacon, diced tomatoes, white cheddar, choice of dressing GF

Fig & Pistachio 8.5

mixed greens, figs, goat cheese, toasted pistachios, mandarin oranges, champagne-vanilla vinaigrette V, GF

Forty-Six Caesar 8.5

romaine, garlic herbed croutons, caesar dressing, parmesan GF

Pecan & Pear Salad 9

romaine, sliced pears, bourbon candied pecans, feta, maple cider vinaigrette V, GF

Southwestern Chicken Salad 10.5

*grilled or fried chicken breast
mixed greens, black bean salsa, diced tomato, cheddar cheese, tortilla strips, honey lime vinaigrette*

SALAD ADDITIONS

plain, lemon peppered, pesto, or blackened

Seared Chicken 4

Crispy Chicken 4

6 oz. Seared Salmon 6.5

Sautéed Shrimp 4.5

DRESSINGS

Ranch

Blue Cheese

Golden Italian

Balsamic

Red Pepper Vinaigrette

Extra Dressing .50



soups

Forty-Six Chili

sweet & smoky dark red chili with ground turkey, turkey bacon and kidney beans

cup 4 bowl 5.75

Chef's Soup of the Day

fresh creations daily

cup 3.5 bowl 5.25

V - Vegetarian / VG - Vegan / P - Pescatarian / GF - Gluten Free

If you require any dietary accommodations, please inform your server before ordering.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

** Contains or may contain undercooked meats, poultry, seafood, shellfish or eggs.*

A gratuity of 20 percent may be added to parties of eight or more.

Dinner
5 PM-9 PM
Tues-Sat

Lunch
11 AM-2 PM
Mon-Fri

Brunch
11 AM-2 PM
Sunday

101 WEST AVENUE
KANNAPOLIS, NC
28081
(704) 250-4646

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lunch entrées

Whole Grain and Vegetable Bowl 10
warm farro and black bean salad, roasted vegetables,
smoked tomato vinaigrette, feta, avocado V

Vegetable Stir Fry 9
mixed vegetables, housemade stir-fry sauce, brown rice
pilaf VG

Forty-Six Meatloaf 10
beef, turkey, herbs. potato-vegetable hash,
red wine demi-glace

Seared Salmon 10.5
6 oz. salmon, brown rice pilaf, spinach, lemon
vinaigrette P



burgers

grill-pressed 7 oz. beef burgers

Tried & True 8.5
american cheese, pickle spears, lettuce, tomato

Mushroom & Swiss 10
mushrooms, swiss cheese, lettuce, tomato

Bacon & Blue 10.5
blue cheese, applewood smoked bacon, lettuce, tomato

Bacon Cheddar Burger 10.5
applewood smoked bacon, white cheddar cheese, lettuce,
tomato

Southwest Burger 10.5
pepperjack, chipotle aioli, peppers and onions, lettuce,
tomato

sub sandwiches

served on white or multigrain roll

six-inch sandwich only 3.5 / with side 6
footlong sandwich only 6.5 / with side 8.5

Smoked Ham
lettuce, tomato, bermuda onion, banana pepper, swiss
cheese, mustard, light mayo

Oven Roasted Turkey
lettuce, tomato, bermuda onion, banana pepper,
provolone cheese, mustard, light mayo

Veggie
lettuce, tomato, sweet pepper, onion, shredded carrot,
cucumber, banana pepper, avocado, italian dressing

signature sandwiches

all sandwiches are served with one side item

Southern Chicken Salad 7.5
chicken, walnuts, apples, celery, wheatberry bread,
lettuce, tomato

Chicken Caesar Pesto Wrap* 8.5
chicken, pesto, romaine, caesar dressing*, asiago cheese,
sundried tomato tortilla wrap

Forty-Six Club Sandwich 9
turkey, smoked turkey bacon, white cheddar, lettuce,
tomato, avocado, roasted garlic aioli, wheat toast

Chicken Sandwich 9
grilled or fried breast of chicken
lettuce, tomato, roasted garlic aioli, sweet bun

Salmon BLT 9.5
avocado, mixed greens, tomato, smoked salmon “bacon,”
tarragon caper mayo, sweet bun P

Turkey Reuben 9
turkey, sauerkraut, swiss, 1000 island, grilled rye



Gluten-Free Bun available for sandwiches and burgers \$1

side items

German Potato Salad	GF
Pasta Salad	VG
French Fries	V
Sweet Potato Fries (add \$1)	V
Fresh Fruit Cup (add \$1)	VG, GF
Cup of Soup (add \$2)	